



At Blues & Greens we are committed to lowering our impact on the planet and supporting our local economy. We have taken many steps in this journey: Zero Waste Policies, Energy Saving Investments and Operational Standards. We use locally grown and produced food whenever possible. We also feature great live music with local and National acts and a feature on the Blues. Check out our complete entertainment calendar at:

WWW.BOULDERSHOMEOTHEBLUES.COM

**Blues & Greens @ the Boulder Outlook Hotel
800 28th Street 303-443-3322
Dial 6141 from your room to order
www.boulderoutlook.com**

STARTERS

OLIVES AND ALMONDS

A medley of Greek Olives* and our specially seasoned and roasted almonds \$4.75
*Kalamata, Gordal, Mt. Pelion Black, Cracked Green Halkadiki & Blond Halkadiki

HUMMUS PLATE

Hummus served with a balsamic vinegar reduction, oven roasted tomatoes, cucumbers and focaccia bread \$6.50

FRIED PEPPERS WITH GORGONZOLA CHEESE

Mildly spicy Anaheim chili peppers fried and served with extra virgin olive oil, gorgonzola cheese, lemon wedges and focaccia bread. \$4.50

NACHOS

Freshly cooked corn tortilla chips topped with shredded jack & cheddar cheese, jalapenos, red onions, fresh tomatoes, black olives, avocado, lettuce and sour cream.
\$7.95 Add Grilled Chicken or Sliced Beef \$8.95

RAW VEGETABLE PLATTER

Seasonal veggies with dipping condiments \$7.95

LOCAL MUSHROOMS & CHEESE

Hazel Dell Farm mushrooms sautéed with butter and mushroom broth, and topped with Parmigiano-Reggiano cheese. Served with bread for dipping. \$9.25

BEEF SLIDERS

Beef shoulder tender served on mini-buns with horseradish sauce and au jus.
Three for \$5.95 or Six for \$10.50

CHICKEN FINGER SLIDERS

Chicken fingers dunked in Frank's red hot sauce and served on mini-buns.
Three for \$5.95 or Six for \$10.50

CHICKEN FINGERS

Served with Ranch Dressing or BBQ Sauce \$6.75

BLUES & GREENS CHICKEN WINGS

Six jumbo wings fried and served with celery, carrots & blue cheese or Ranch Dressing. Choose: Chipotle-Honey, mild, medium, hot or XX hot. \$7.25

DEEP FRIED CHEESE CURDS \$5.99

Wisconsin white cheddar cheese fried and served with Marinara sauce.

JULIENNE FRENCH FRIES \$3.50 SWEET POTATO FRIES \$3.75

ONION RING TOWER with Chipotle Mayo \$5.50

We use a blend of canola and corn oil which contains no trans-fats.

SOUPS & SALADS

Ask your server for today's soups \$3.50 cup \$5.50 bowl

VEGGIE CHEF SALAD

Mixed organic greens with carrots, tomato & seasonal veggies. \$7.75

SPINACH SALAD

Organic spinach, mushrooms, red onion, roasted red peppers, organic hard boiled egg and bacon \$7.50

GREEK SALAD

Mixed Greens with cucumbers, tomatoes, Kalamata olives, pepperoncini peppers, red onion, hearts of palm, roasted red peppers, & Feta Cheese. \$9.50

Add a grilled chicken breast to any salad for \$3.00

SIDE SALAD

Mixed greens with tomatoes, cucumbers & red onions. \$3.50

DRESSINGS

Made Right Here: Blue Cheese, Ranch, Balsamic Vinaigrette, Agave-Mustard, Greek

Do it yourself: Extra Virgin Olive Oil & Raspberry Vinegar
Made by a Giant Corporation: Low-Fat Italian

Sandwiches

THE VEGAN TRIPLE DECKER

Black bean pate, our house made hummus with tomatoes, avocado, onions & lettuce served on Wheat Bread \$6.50

CHICKEN SALAD

Blues & Greens chicken salad with tarragon & celery served with lettuce and tomatoes on Wheat Bread \$6.50

TURKEY CLUB SANDWICH

A triple decker on toasted wheat bread with smoked & peppered turkey, bacon, lettuce, tomato, avocado and a side of mayo \$7.50

CHICKEN PARM SANDWICH

Breaded and fried chicken fingers smothered in marinara sauce, topped with provolone cheese and served on Parisian bread \$6.95

Add a side of our hand cut French Fries, or Sweet Potato Fries for \$1.50
Add a small salad or onion rings for \$2.00



Boulder Outlook Hotel & Suites
 800 28th St. • Boulder, CO 80303
 800-5-42-0304 • 303-443-3322
 www.bouldershometheatreblues.com

What's Up at Blues & Greens in
March 2011

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | | | | | | | | | | | | | | | | |
|---|--|---|---|--|---|--|--|---|--|--|---|---|--|---|--|--|---|--|---|--|--|--|--|---|
| February 29 Jazz Jam hosted by Mark Diamond 7:30 pm  | February 28 1 Blues Jam hosted by Dan Treanor 7:30 pm  | 2 3 Hornbuckle Brothers Band 7:30 pm  | 4 Easy Bill & the Big Beat 8 pm  | 5 T-Bird & the Dreamboats 8 pm  | 6 Jazz Jam hosted by Mark Diamond 7:30 pm  | 7 8 Blues Jam hosted by Al Chests 7:30 pm  | 9 10 Trampled Under Foot 7:30 pm • \$20  | 11 Papa Juke 8 pm  | 12 Jimmy Thacker & the Drivers 8 pm \$15  | 13 Blues Jam hosted by The Heavy Cats, 7:30 pm  | 14 15 Blues Jam hosted by Gretchen Troop 7:30 pm  | 16 17 Boa & the Constrictors 7:30 pm  | 18 Tjherha Band 8 pm  | 19 Another Kind of Magic & Austin Young 8 pm • \$10 • Fundraiser for Blue Star Connection  | 20 Jazz Jam hosted by Mark Diamond 7:30 pm  | 21 22 Blues Jam hosted by Randall Dubis 7:30 pm  | 23 24 Jack Hadley Band 7:30 pm  | 25 Big Bill Morganfield 7:30 pm \$10  | 26 John-Alex Mason 8 pm  | 27 Blues Jam hosted by The Heavy Cats, 7:30 pm  | 28 29 Blues Jam hosted by Dan Treanor 7:30 pm  | 30 31 Paul Söderman & Bluez House 7:30 pm  | April 1 Mama Raven Band 8 pm  | April 2 Tempa & the Tantrums 8 pm  |

Wille "Big Eyes" Smith

April 23rd

Otis Taylor

April 29th

Mary Bridget Davis

April 28th

Burgers

All of our burgers are 1/3 lb of locally raised all natural beef from Homestead Farms and are served on brioche bun with lettuce, tomatoes, pickle slice & red onion. Prices include a side of Julienne fries; substitute sweet potato fries or onion rings for 50 cents.

CLASSIC BURGER \$8.50
Just like it says above

CHEESE BURGER \$9.25
American, Swiss, Gorgonzola, Pepper Jack, Cheddar or Provolone

BACON CHEESE BURGER \$10.25
Three strips of bacon and your choice of cheese: American, Swiss, Gorgonzola, Gouda, Cheddar or Provolone

GORGONZOLA MUSHROOM BURGER \$10.25
Freshly sautéed mushrooms & gorgonzola cheese

SOUTH OF THE BORDER BURGER \$10.25
Avocado, jalapeno peppers & your choice of cheese

BARBEQUE BURGER \$10.25
Slathered with BBQ sauce and topped with bacon and your choice of cheese

Not a Burger

Not a burger's are served on a brioche bun with lettuce, tomatoes, pickle slice & red onion. Prices include a side of Julienne fries; substitute sweet potato fries or onion rings for 50 cents, add cheese for 75 cents.

GRILLED CHICKEN BREAST \$7.95
Chicken breast served with homemade chipotle mayo.

GRILLED PORTABELLA MUSHROOM \$7.95
Marinated in Balsamic Vinaigrette

GRILLED VEGAN BURGER \$7.95
A soy based meat alternative

DAILY SPECIALS

These change all the time, so you have to see the specials insert page to see what they are.

THE HANGER STEAK

Not found many places, but a great cut of beef. Oddly shaped but tender, full of flavor and a great value. A six-ounce portion served with Julienne fries or sweet potato fries, fresh veggies, side salad & fresh bread. \$12.95

Hungry? Make it 12 ounces of steak for \$18.50

DESSERTS

Our Desserts are supplied by local producers

\$5.00 per slice

Cakes from Indulge Bakery, Louisville, CO
Ask your server for today's selections

Aunt Kay's Chocolate Zucchini Cake
(think Brownie)
Gluten Free—Dairy Free
Served with a glass of fat-free milk or soy milk

Glacier Ice Cream